

THE CYCLISTS

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Adele Tait
Editor - Ride Magazine

Adele is a great journalist, competitive cyclist and lots of fun. She is very tough and has competed in some of the country's most formidable cycle events, including the Cape Epic. She is our representative journalist on the tour.



Adrian Nunn
Director - Viva Formwork and Scaffolding

Adrian loves dirt biking and is a real party animal, so don't be surprised to find him dancing on the tables wearing minimal clothing.



Alan Hutcheson
CEO - Tracker Network

Alan is married to an Afrikaans lady and was a great surfer in his younger days. To put it in his words: "ek vry in Afrikaans and surf in English!".



Albe Geldenhuys
Managing Director - Ultimate Sports Nutrition

Albe is married, has 3 children and loves mountain biking. And there will be mountains to test the hardest mountain bikers for sure on this year's Mystery Tour.



Alessandro Bottega
Managing Director - Motiv, Division of Ince

Alessandro is passionate about cycling and has a love of photography, video and web production. Alessandro created a fantastic daily blog about the Change a Life Cycle last year. He is married and has three children.



Anthea Vos
Rovos Rail

Anthea and husband Rohan are the Vos in Rovos Rail. Born in Rhodesia, she and Rohan started dabbling in steam trains as a hobby 20 years ago. Today, Rovos Rail stands proud as offering the most luxurious rail journeys in the world. Anthea loves cycling but still regards herself as a novice.

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Bernadette Rheeders
Legal Council - JSE Limited

Bernadette was a figure skater as a child, is a bit of a speed freak and an adrenalin junkie. These days she gets her rush through skiing, cycling and other outdoor sports. Bernadette is known to be a bit of a culture culture too.



Brett Hudson
Director / Owner - Audi Centre Johannesburg

Brett is married to Sally with four young daughters, and is naturally passionate about cars. As an ex-South African motorcycle champion, who used to run a bit, he now loves to be on the bicycle whenever work and family permits. Brett enjoys most sports with speed and motion including water and snow skiing.



David Bellairs
Chairman - Cycling SA

This is the MAN to know on tour! If you play your cards right, you could get a head start in the Argus cycle race next year.



David Cleasby
Finance Director - Bidvest Group

David is a dedicated workaholic and known for his modesty. He is married, has two children and in his limited spare time loves to fish, play golf and go mountain biking.



David Coutts-Trotter
CEO - Sun International

David is married, has two children and spends as much quality time as possible with his family. He does however, manage to squeeze in some cycling time.



Dennis Spong
Sales and Procurement Manager - Raven Imaging

Dennis has represented South Africa at the World Championships in both cycling and duathlon. He is a real asset to the tour, particularly as he is the tour mechanic. He is certainly the person to stay close to, especially if you need a push. You can depend on him to get you to the finish line.

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Diane Radley
Finance Director - Old Mutual

Diane was nominated for Businesswoman of the Year in 2008. It's not all work for her though, she enjoys relaxing by reading, fly-fishing and gardening. That's when she's not on her bike.



Ernest Cave
Director - Mvela Phanda Construction

Ernest is an action man who enjoys cycling and running, as well as fly-fishing and flying aeroplanes.



Geoff Pinnock
Senior Partner - Deloitte

Geoff is a mad mountain biker who enjoys the thrill of multi-day bike events. His entire family is sports nuts and join him in following cricket, soccer and the Tour de France. He is married, and has a son and a daughter.



Gerald de Kock
Freelance Broadcaster

Gerald spent two years playing cricket in the UK in the mid 80s as a professional in the Birmingham League. He loves outdoor life and spends time mountain biking and camping whenever he can. He has four sons.



Gert Vermaak
Managing Director - iml

Gert enjoys spear fishing and underwater hockey. Since Gert became a dad, he is much fitter than last year, because of the pyjama patrol. He thinks South Africa is awesome. He is married to his varsity sweetheart and business partner, Rechelle.



Grant Magid
Director - NFB Financial Services Group

Grant is single, an avid golfer and can be found most weekends on the Royal Johannesburg Golf course. He loves to travel abroad whenever he can.

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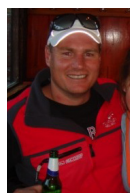
Granville Rolfe
Managing Director - Macsteel Trading

Granville is a people person and enjoys the social side of the Change a Life Cycle. He loves wildlife, birding, boating and skiing - oh, and also cycling. He took up golf in 1982 and succeeded in getting a 7 handicap, which has fallen to 16 because he spends so much time on his bike!



Hempas Rademeyer
Portfolio Manager - Thebe Securities

Hempas is a former Transvaal rugby player who has taken up the gentler pursuits of cycling and golf.



Hilton Guy
Managing Director - Creative Equipment

Hilton is an adrenaline junkie - he enjoys cycling, skiing, and other adventure activities. He has ticked off the Cape Epic and the Argus and loved heli-skiing in Turkey. Hilton was the lucky draw winner of a free entry to the tour this year.



John Thomson
Senior Manager - Toyota SA Motors

John is an extremely good cyclist so look out for him near the front of the pack during the tour.



Johnny van Heerden
Director - Viva Formwork and Scaffolding

Johnny is an excellent speaker, and will undoubtedly be the busy body of the tour. He has a very big heart.



Jonathan Scott
Director - Raven Imaging

Jonathan is the architect of this year's Mystery Tour route, so you can blame him for all the hills and spills. He loved his recce of the route - just him, his motorcycle and the open road - and has been meticulous in planning the details. He enjoys being out on the road, or in the bush, whether by bicycle or motorcycle.

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Kevin Gleeson

General Manager, Group Finance - Old Mutual

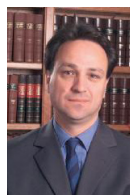
Kevin loves fine wine and dining. He is an avid photographer and enjoys being creative on his Apple Mac. He is also a keen golfer. Kevin is a giant of a man, both in stature and heart.



Kobie-Marie Hamman

Managing Director - Aurum Fund Management

Kobie is one of the top woman cyclists in the country and she is determined about her training. She recently won a silver medal at the 2009 SA Cycling Championships. She is definitely the "catch" of the Tour.



Leonard Harris

Chairman - Peregrine

Leonard is an excellent and competitive cyclist who can often be found training on the sly!



Lee Bowes

Director - PartServe Channel Support

Lee is an outdoors man who loves birding and wildlife. He says the Change a Life Cycle is his biggest cycle challenge. He is married and has two daughters.



Lizanne Michler

Head of Sales - Computershare

Lizanne's philosophy in life is "if you can't beat them, join them", so when the Tour Director put out the bait to join this year's cycle, she grabbed it with both hands. She is a fantastic organizer, loves to be involved in what's happening, and is always keen for a challenge.



Malcolm Lange

Professional cyclist

Malcolm is South Africa's most prolific race winner of the modern era and is widely considered one of the country's all-time cycling legends. With about 400 major race victories during his 17-year career. Malcolm has won virtually every local race at least once.

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Mark Fussell
ABSA Wealth

Mark is a serious cyclist who enjoys pushing the limits. He loves being in new places and meeting new people – the Change a Life Cycle is just up his alley. He also enjoys wildlife and diving.



Martie Rademeyer
Domestic Engineer

When Martie is not out on her bicycle, you will find her enjoying the finer things in life – like shopping and drinking coffee.



Martin Dreyer
Leading multi-disciplined sportsman

Martin has spent many years as a professional sportsman and is the 7 times winner of the Dusi Canoe Marathon. Martin started the Change a Life Academy after last years cycle event to train disadvantaged youngsters from the Dusi Valley become competitive athletes.



Michiel Nel
Head of Prorisk - Innovation Group

Michiel's hobbies include reading and anything that resembles sport. He is the proud collector of a dusty mountain bike and even dustier road bike. His retirement plans consist of a bookstore, a leather chair and brewing fresh coffee.



Mike Bekker
Managing Director - Mike Bekker Business Solutions

Mike is fun loving and enjoys the African outdoors. He is passionate about scuba diving, golf and, of course cycling.



Mike Chapman
CEO - Rentworks Africa

Mike is proudly South African, and is passionate and positive about the future of our country. His intrinsic belief is that there needs to be the right balance in everyone's life, putting wellness, family, relationships and personal growth just as high on his list of priorities as urgent business concerns.

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Mnandi Bestbier
Senior Manager - Computershare

Mnandi's bubbly personality, quick wit and superb organisational skills are an asset to the tour. Mnandi is head of Corporate Social Investment at Computershare as well as looking after its Cape Town and Durban clients. She is the only senior manager lucky enough to live in Cape Town.



Mthunzi Mdwaba
Deputy CEO - Kelly Group

Mthunzi has a wide range of hobbies, from cycling to gardening, but above all likes to spend quality time with his family. He has a larger than life personality, and not surprisingly was nominated as "Mr. Personality" during last year's tour.



Navin Sooka
Company Secretary/Financial Manager - Caxton and CTP Publishers and Printers

Navin enjoys building model planes and has also built a 16th century model sailing ship. He enjoys running and has completed numerous Comrades Marathons as well as the New York Marathon. He has also taken part in the 94.7 Cycle Challenge.



Nick Badminton
CEO - Pick n Pay

Nick is much loved by his employees who have dubbed him "Mr. B" and have rated him as the "world's best leader". He is married, has four children and in his leisure time he is passionate about - you guessed it - cycling. Nick is a simple man, who likes the simple things in life.



Nick Oldfield
Chief Financial Officer - Computershare EMEA

Nick lives in Bristol, UK, and is married to an Australian. He has one young son, aged 14 months. He is another combination runner and cyclist and is a season ticket holder at Sheffield Wednesday football club (his home town team).



Nicola Newton-King
Deputy CEO - JSE Limited

Nicky loves being outdoors, reading, cooking and visiting new places. She is married and has two young sons. Above all, she loves spending time with her family. Most people don't believe that Nicky is actually shy!

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Nigel Payne
Director of Companies - JSE Limited

Nigel is married and has two children. He is a fit guy, who does a number of major canoe races each year, as well as cycling. He also scuba dives, but all this doesn't detract from his enjoyment of good beer, red wine and cognac. Nigel will also be one of the team captains this year.



Oscar Goldstuck
Chief Financial Officer - Macsteel

Oscar enjoys cycling, reading and writing. He's done 30 Argus races in total and has got his whole family cycling. He is married to Shirley and has three children.



Paul Conn
President - Global Capital Markets, Computershare Ltd

Our sole representative from the USA, Paul, has gamely taken up the challenge to join the Africans on this year's tour!



Paul Marais
Director - NFB Financial Services Group

Paul loves traveling whenever he can. Close to home he indulges in his hobbies of cycling, tennis and listening to good music.



Peter Gray
CEO - JCI Limited

Peter's life is frenetically busy, but he manages to carve out time to cycle. For the second year in a row, Peter, will pay for a tandem seat with Martin Dreyer to help him up those Mystery Tour hills!



Peter Koopman
Director - Viva Formworks and Scaffolding

Peter is multi-talented and enjoys cooking, fishing and drinking good wine. He is married, has two teenage boys and, of course loves cycling!

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Philip Mellor

Commercial Director - First Freight Couriers

Cycling, motorsports, golf and watersports are just some of Philip's interests. He also believes that to be old and wise, you need to be young and stupid! Philip is a speed and extreme sport junkie and says that if you are not living on the edge, you're wasting space!



Philip Shapiro

Finance Director - NFB Financial Services Group

Philip has a number of 94.7 Cycle Challenges under his belt, so he clearly loves cycling. He also finds time to study and has just completed a post-graduate degree.



Rowan Jones

CEO - Compendium Insurance Group

Rowan is a keen sportsman and enjoys cycling, running, swimming, golfing and working out at the gym. In addition to the physical activity, he is a hard-working man who is passionate about his business, his country and his family.



Richard Bone

Senior Manager - JSE Limited

Richard loves spending time with his friends and family. When he has the time, you will be able to catch him cycling, motorcycling and playing tennis. Richard is married to Karin and has three children.



Russell Loubser

CEO - JSE Limited

Despite his high profile corporate position, Russell, finds time to indulge in his love of sport. Apart from cycling and skiing, he plays golf and tennis and has rekindled one of his earlier passions - motorcycling. He is married to Alma and has a son and a daughter.



Stan Goetsch

Director - Dis-Chem

Stan is an avid runner and cyclist (5 silver and 2 bronze Comrades medals). He is also a qualified pharmacist. Stan's wife, Shawne, also cycles and they have a son and a daughter.

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Stan Lorge
CEO - Computershare SA

Known by Computershare staff as "Stan the Man". Although Stan is not cycling this year, the Tour Director is still confident in getting him into the saddle. So watch out, you may be eating Stan's dust one of these days. He is married to Debbie and has 2 daughters and a son.



Stephen Horwitz
Managing Director - Central Welding Works

Stephen has completed 13 Argus races, only missing his 14th because he was knocked over 7 days before the race! He has also completed numerous 94.7 Cycle Challenges. Stephen now sports a plate in his shoulder which makes him the Robo Cop on tour, so don't mess with him!



Stevan Melmed
Director - Digital Archiving Systems

Like many of our participants, Stevan is both a cyclist and a runner. To find out more you'll have to meet him in person.



Terrance Janse van Rensburg
Director - NFB Financial Services Group

Terrance is married to last years Change a Life Cycle event coordinator, Linda, and they have two young children. Like many of our cyclists, Terrance, also loves golf, wildlife and the great outdoors.



Terry Gormley
Owner - Meet the Owners

Durbanite Terry loves riding his bike, whether it be his bicycle or his Harley Davidson. He also likes to go off-roading so watch out for this adrenaline junkie. Terry is married to Liz and has two children.



Thabo Leeuw
Executive Director - Thesele Group

Thabo was a competitive ballroom and Latin American dancer during his school years. These days, he keenly follows soccer, rugby, tennis and golf. Thabo also finds the time to get on his bicycle. He is married and has two sons.

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Trevor James
Marketing Manager - JSE Limited

Trevor loves mountain biking, boating, 4x4ing, golf, scuba diving, woodworking, deep-sea fishing... Whew! Unfortunately he is sometimes bound to his office.



Ursula du Plooy
Executive Director, Sales, Marketing and Relationships - Computershare

Ursula is the Tour Director and is taking on this year's challenge on her own bicycle after last year's tandem effort. It is due to her passion for cycling, that the Computershare Change a Life Cycle was born.

